

Week of 4/3/22 - Spiritual Health Assessment Debrief

The Bigger Picture:

- Good Friday and Easter are right around the corner, have you planned to be part of these services yet?
- Look at your campus' webpage for summer information to stay alert for information about Pray May, and other community opportunities.
- While this week marks the end of “official group content”, use the summer to engage with your group in refreshing activities. You can even ask group members to plan and organize these for you.

This Week's Goals:

Lead the way in celebrating what God has done in your members' lives.

Identify leaders to extend this discussion across 3 conversations in pairs or pods. Who will you ask to lead these conversations?

Leader Tips:

Entrust and Empower

Entrust a few members to your Apprentice or Future Leader for the 3 follow-up conversations. Then empower them by checking-in to see how the conversations are going.

STORIES (15 min)

Sharing Stories:

When was the last time you had a good doctor visit or work review? Explain what made it positive for you.

Get Talking:

How was the Spiritual Health Assessment exercise for you?

Prayer: Transition from Stories to Assessment Debrief by asking someone to pray for your time in God's Word.

Assessment Debrief (45 min)

What questions did you appreciate the most? Why?

FOLLOW-UP: What questions were difficult for you? Why?

Dallas Willard said “Grace is not opposed to effort; it is opposed to earning.” How do you see this relate to spiritual formation and self assessment? Hint: Christians work out of God’s grace given to us, not for God’s grace. So His active goodness to us creates the desire and drive inside of us to please him.

How has God’s grace fueled your spiritual life lately?

FOLLOW-UP: What can you celebrate from the assessment?

Have someone read 2 Corinthians 3:17-18. What captures your attention in these verses?

How does the promise of transformation impact your spiritual life now?

PRAYER (20 min)

Establish pods/pairs for 3 further conversations, and then follow these prompts in those smaller groups:

Round 1: Respond to this question in prayer, “When God thinks about you, what do you think comes to his mind?”

Round 2: Thank God for his work in your life.

Round 3: Ask God to give you creativity in taking your next step in one area of your life, and the opportunity to do so.