

## Week of 1/30/22 Eph 4:1-16 We Grow

### The Bigger Picture:

- **Don't Miss! *Building a Culture of Multiplication, Group Leader Training*** - Monday, Feb.7, 6:30PM at RADIUS Lexington. Bring your apprentice or a future group leader and learn how your group can give birth to healthy leaders - and new groups. RSVP and reserve childcare [HERE](#)
- **Keep** the "Truth Card" from last Sunday (1/23) handy. It's a great conversation starter!
- **Groups sign ups have concluded** - but people looking for community at RADIUS can still find it by clicking [here](#) or filling out a connect card. Be on the lookout for folks that your campus pastor or groups coordinator may send your way!

### This Week's Goals:

Make the connection between being transformed in knowledge AND being transformed in the heart.

Explore what it means to "put off" our old nature and "put on" our new nature as saved followers of Jesus.

Invite an apprentice or potential leader to Leader Training on Feb. 7

### Before You Meet:

If the "Tell the Truth About Yourself" card challenged, encouraged or surprised one of your members - reach out for a one-on-one conversation and follow up.

### Leader Tips:

Create space for members to use their gifts! Is anyone good at gathering people together? Let them plan a meal or fun activity for your group. Do you see that someone has the gift of mercy - or is especially prayerful? Ask them to grab coffee or lunch with another who is hurting.

## STORIES (15 min)

### Sharing God Stories:

Celebrate what's going well! Ask the group to share a recent example of how truths from the Bible or the beauty of the Gospel actually changed a choice they made or an action they took.

### Get Talking:

With the "Truth Card" from last week and this week's sermon from Eph. 4 - we are doing a bit of self-reflection. Talk about how that "fits" with your group's various personalities. Are some more fact and evidence oriented? Are some more introspective?

**Prayer:** Transition from Stories to Scripture by asking someone to pray for your time in God's Word.

**SCRIPTURE (45 min) - These are our Group Chat Questions for this week:**

**Read Eph 4:17-24. What does it mean to “put off your old self” and “put on the new self” as a believer?**

**Why do you think Paul starts by reminding us of our new identity in Christ before talking about specific ways that we are to live that out?**

**Read Eph 4:25-32. Which of the “old self” behaviors that Paul speaks against do you find most challenging to replace with “new self” behaviors (lying, unrighteous anger, stealing, unwholesome talk, bitterness and malice)? Why?**

**PRAYER (20 min)**

Partner up and pray for group members by name. Ask the Lord to deepen their faith and help them grow as disciples of Jesus.

We all have “put off/put on” opportunities, share one in your life with a prayer partner and pray for one another.